The Good Shepherd Trust- Autumn Winter Menu 2024 2025		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Option 1	NEW Tomato & Vegetable Pastá	Beef Burger with Homemade Potato Wedges	BBQ Chicken with	Pasta Beef Bolognaise	Fishfingers with Chips & Tomato Sauce
04/11 25/11 16/12 20/01 10/02	Option 2	Vegetable Mexican Fajitas with Rice	NEW Creamy Chickpea and Coconut Curry with Rice	Diced Seasoned Potatoes & Sweetcorn Salsa BBQ Quorn with Diced Seasoned Potatoes & Sweetcorn Salsa	NEW Cheese and Broccoli Pasta with Garlic Bread	Mexican Bean Roll with Chips & Tomato Sauce
10/02 10/03 31/03	Sides	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	Lemon Drizzle	Melting Moment Biscuit	Fruit Platter	Peach Cake	Chocolate Orange Cookie
WEEK TWO	Option 1	Classic Cheese and Tomato Pizza	NEW Chicken Pasta Bake with Garlic Bread	Pork Sausage and Roasted New Potatoes with Gravy	Chicken Korma with Rice	Fishfingers with Chips & Tomato Sauce
11/11 02/12 06/01	Option 2	With Potato Wedges	Chinese Vegetable Curry with Rice	Vegan Sausage and Roasted New Potatoes with Gravy	NEW Mild Mexican Chilli with Rice	Cheese and Tomato Quiche with Chips & Tomato Sauce
27/01 24/02	Sides	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
17/03	Dessert	Marble Sponge Cake with Custard	Jelly with Mandarins	Fruit Medley 🔷	Carrot Cake	Oaty Cookie 🏊 🍈
WEEK THREE	Option 1	Macaroni Cheese	caribbean CMIMA NEW Mild Combbean Chicken with Rice and Peas	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Chicken Meatballs in Tomato Sauce with Pasta	Breaded Fish with Chips & Tomato Sauce
18/11 09/12 13/01	Option 2	Plant Balls in Tomato Sauce with Rice	NEW Caribbean Butterbean Stew with Rice and Peas	Cottage Pie with Gravy	NEW Hot Pot Baked Bean Casserole	Cheese and Pepper Omelette with Chips & Tomato Sauce
03/02 03/03	Sides	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
24/03	Dessert	Chocolate Brownie	Pear and Chocolate Crumble with Custard	Fruit Salad 💊	NEW Savoury Cheese Scone	Vanilla Shortbread 💊
MENU KEY	KEY 🚯 Added Plant Power 🍈 Wholemeal 🔷 Vegan				ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a	
Available Daily: Baked Jacket Potato with either Cheese, Beans or Tuna. Bread freshly baked on site daily- Daily salad selection					school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is	
		- Cape	P P		not possible to completely remov	te the risk of cross contamination.